

Kinsley-Offerle Menu November

Sun	Mon	Tue	Wed	Thu	Fri	Sat
This institution is an equal opportunity provider.				1 Whole Wheat Bagel w/Toppings, Strawberries, Fruit Juice, Milk Choice Hamburger on a Bun, Lettuce, Tomato, Sweet Potato Fries, Kiwi, Canned Fruit (9-12), Milk Choice, (HS Taco Bar Alternative)	2 Whole Grain Cereal, Mandarin Oranges, Fruit Juice, Milk Choice Tuna Casserole, Peas, Spinach, Strawberry Shortcake, Canned Fruit (9-12) Milk Choice	3 Daylight Savings Time Ends at midnight 
	4	5 National Donut Day Long John, Yogurt Cup, Apple, Fruit Juice, Milk Choice Hot Ham & Cheese on a Bun, Potato Wedges, Broccoli Florets, Fruit Cocktail, Fresh Fruit (9-12), Milk Choice	6 Biscuit & Gravy, Pineapple, Fruit Juice, Milk Choice Super Nachos w/Salsa, Lettuce, Refried Beans, Mixed Fruit Cup, Canned Fruit (9-12), Milk Choice	7 Scrumptious Coffeecake, Citrus Fruit Cup, Fruit Juice, Milk Choice Ham & Cheese Sandwich, Chips, Fruit, Vegetable, Milk Choice	8 Western Omelet Quesadilla w/Salsa, Grapes, Fruit Juice, Milk Choice Lasagna, Garlic Bread Stick w/Marinara Sauce, Garden Salad, Baby Carrots, Apple, Chocolate Chip Cookie, Canned Fruit (9-12), Milk Choice	9 French Toast Sticks w/Syrup, Fruit Cocktail, Fruit Juice Country Style Beef Pattie, Whole Wheat Roll, Mashed Potatoes & Gravy, Green Beans, Pineapple, Canned Fruit (9-12), Milk Choice, Milk Choice
11 	12 Breakfast Pizza, Peaches, Fruit Juice, Milk Choice Chicken Wrap, Salsa, Spanish Rice, Lettuce & Tomato, Carrots, Tropical Fruit, Canned, Fruit, (9-12), Oatmeal Cookie (9-12), Milk Choice	13 Mini Waffles w/Syrup, Apricots, Fruit Juice, Milk Choice Hamburger on a Bun, Garden Salad, Baked Beans, Chips, Mandarin Oranges, Canned Fruit (9-12) Milk Choice	14 Whole Grain Cinnamon Rolls, Banana, Fruit Juice, Milk Choice Turkey, Mashed Potatoes & Gravy, Stuffing, Corn, Pumpkin Pie, Milk Choice	15 Excellent Egg Taco w/Salsa, Graham Snacks, Kiwi, Fruit Juice, Milk Choice Taco Salad, Tortilla Chips, Red Pepper Strips, Refried Beans, Fresh Fruit, Cinnamon Puff (6-12), Canned Fruit (9-12) Milk Choice	16 Whole Grain Muffin, Rosy Applesauce, Fruit Juice, Milk Choice Pepperoni Pizza, Garden Salad, Baby Carrots, Apple Salad, Canned Fruit (9-12), Milk Choice	17
18	19 Whole Grain Cereal, Sausage Patty, Pears, Fruit Juice, Milk Choice Potato Capped Wieners, Roasted Red Potatoes, Broccoli and Cheese, Apple, Canned Fruit, Milk Choice	20 Pancake on a Stick, Fruit, Fruit Juice, Milk Choice Chicken Patty, Whole Wheat Roll, Mashed Potatoes & Gravy, Green Beans, Pears, Canned Fruit (9-12), Milk Choice	21	 Thanksgiving Break – No School		24 
25 Q: What did pilgrims use to bake cookies? A: May-Flour!	26 French Toast Sticks w/Syrup, Grapes, Fruit Juice, Milk Choice Mini Meatball Sub, Ranch Potato Wedges, Tossed Salad, Peaches, Canned Fruit (9-12), Milk Choice	27 Sausage, Egg & Cheese Biscuit, Strawberries & Bananas, Fruit Juice, Milk Choice Chili, Tortilla Chips (9-12), Cinnamon Roll, Red Pepper Slices, Cucumbers, Peaches, Canned Fruit (9-12) Milk Choice	28 Whole Wheat Bagel w/Toppings, Apple, Fruit Juice, Milk Choice BBQ Chicken Drum Stick, Whole Wheat Roll, Baked Beans, Coleslaw, Baby Carrots, Apricots, Canned Fruit (9-12) (HS Potato Bar Alternative)	29 Blueberry Bubble Bread, Mandarin Oranges, Fruit Juice, Milk Choice Spaghetti w/Meat Sauce, Garlic Bread, Garden Salad, Green Beans, Fresh Fruit, Canned Fruit (9-12), Milk Choice (HS Potato Bar Alternative)	30 Breakfast Pizza, Peaches, Fruit Juice, Milk Choice Beef & Bean Burrito, Tortilla Chips (9-12), Salsa, Lettuce & Tomato, Mexican Corn, Banana, Canned Fruit (9-12), Milk Choice	<div style="border: 2px solid black; padding: 10px; text-align: center;"> <h2>2018</h2> </div>