

Kinsley-Offerle Menu January

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--|--|--|--|---|---|---|
|  | 1 New Year's Day Winter Break No School | 2 Winter Break No School | 3 Teacher Work Day No School | 4 Cereal, String Cheese, Fruit Cup, Fruit Juice Choice, Milk Choice Tuna Casserole, Peas, Spinach, Strawberry Shortcake, Milk Choice | 5 Breakfast Bake w/ Salsa, Whole Wheat Toast, Banana, Fruit Juice Choice, Milk Choice Chili w/ Corn Chips, Celery & Cucumbers, Cinnamon Roll, Orange, Milk Choice | 6 This institution is an equal opportunity provider. |
| 7 | 8 Breakfast Sundae, Raisins, Fruit Juice Choice, Milk Choice Hamburger on a Bun, Romaine & Tomato, Fries, Carrots, Fruit Cocktail, Rice Crispy Bar, Milk Choice | 9 Pancake on a Stick with Syrup, Tri-Tater, Fruit Cocktail, Fruit Juice Choice, Milk Choice Taco Salad w/ Chips & Salsa, Refried Beans, Cinnamon Puff, Pineapple, Milk Choice | 10 Blueberry Bubble Bread, Peaches, Fruit Juice Choice, Milk Choice Chicken Alfredo, Garlic Bread, Caesar Salad, Fresh Fruit, Milk Choice, Milk Choice | 11 Sausage, Egg, and Cheese Biscuit, Fresh Fruit, Fruit Juice Choice, Milk Choice Cheese Pizza, Garden Salad, Baby Carrots, Orange Wedge, Milk Choice | 12 Excellent Egg Taco w/ Salsa, Yogurt Cup, Pineapple Chunks, Fruit Juice Choice, Milk Choice Chicken & Noodles, Mashed Potatoes, Green Beans, Strawberries, Milk Choice |  |
| 14  | 15 Scrumptious Coffeecake, Fresh Fruit Cup, Fruit Juice Choice, Milk Choice Pigs in a Blanket, Roasted Red Potatoes, Fresh Fruit, Canned Fruit, Milk Choice | 16 Star Spangled Pancakes, Sausage Links, Pears, Fruit Juice Choice, Milk Choice Spaghetti w/Meat Sauce, Garlic Bread, Garden Salad, Green Beans, Mandarin Oranges, Canned Fruit, Milk Choice | 17 Bagel with Toppings, Fresh Orange, Fruit Juice Choice, Milk Choice Chicken Crispito, Spanish Rice, Romaine & Tomato, Sautéed Zucchini, Tropical Fruit, Oatmeal Cookie (HS Sandwich Bar alter.) | 18 Egg, Sausage, and Toast, Fresh Fruit, Fruit Juice Choice, Mighty Milk. Pepperoni Pizza, Peas, Tri- Tater, Fresh Fruit, Canned Fruit, (HS Sandwich Bar alter.) | 19 Breakfast Lasagna Fruit Cocktail, Fruit Juice Choice, Milk Choice Turkey & Cheese Sub, Mashed Potatoes, Baby Carrots, Grapes, Fresh Fruit, Milk Choice | 20 |
| 21 | 22 Teacher In-Service No School | 23 French Toast Strips w/ Syrup, Strawberries & Bananas, Fruit Juice Choice, Milk Choice Chicken Quesadilla, Salsa, Tortilla Chips, Broccoli Florets, Baby Carrots, Fresh Fruit, & Canned Fruit, Milk Choice | 24 Western Omelet Quesadilla w/ Salsa, Fresh Pear, Fruit Juice Choice, Milk Choice Cowboy Cavatini, Whole Wheat Roll, Corn, Garden Salad, Fresh Fruit, Canned Fruit, Milk Choice | 25 Bacon, Egg, and Cheese Biscuit, Fresh Fruit, Fruit Juice Choice, Milk Choice BBQ Chicken Drumstick, Whole Wheat Roll, Baked Beans, Creamy Cole Slaw, Baby Carrots, Apricots, Fresh Fruit, Milk Choice | 26 Biscuit and Gravy, Apricots, Fruit Juice Choice, Milk Choice Pork Rib on a Bun, Lettuce & Tomato, Sweet Potato Puffs, Fresh Fruit, Canned Fruit, Milk Choice |  |
| 28 Q: What is the snowman's favorite breakfast? A: Frosted Flakes | 29 Whole Grain Cinnamon Roll, Grapes, Fruit Juice Choice, Milk Choice Meat Balls, Mac & Cheese, Baked Beans, Baby Carrots, Apple Salad, Canned Fruit, Milk Choice | 30 Waffles, w/Syrup, Pineapple, Fruit Juice Choice, Milk Choice Hamburger on a Bun, Lettuce & Tomato, Fries, Strawberries & Bananas, Fresh Fruit, Milk Choice | 31 Breakfast Sundae, Raisins, Fruit Juice Choice, Milk Choice Popcorn Chicken, Red Pepper Strips, Cukes, Cinnamon Roll, Fresh & Canned Fruit, Milk Choice (HS Taco Bar alter.) | February 1 Breakfast Burrito w/Salsa,, Sliced Pears, Fruit Juice Choice, Milk Choice Rock & Roll Beef Wrap, Mashed Potatoes & Gravy, Tossed Salad, Pears, Fresh Fruit, Milk Choice (HS Taco Bar alter.) | February 2 Whole Grain Muffin, Rosy Applesauce, Juice Choice, Milk Choice Grilled Chicken Sandwich, Apple Glazed Sweet Potatoes, Green Beans, Grapes, Honey Apple Crisp, Canned Fruit, Milk Choice | February 3 |

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